

## 2009 – 2010 Fall Sport Start Dates and Times

- All athletes must have updated physicals before trying out.
- Athletic Handbooks may be picked up in the main office. These handbooks contain all information that athletes need signed for try-outs.

**August 24th** **Football** – Coach Patrick Smith  
8:00-10:00 am Practice Football Field  
Freshmen are encouraged to attend.

**August 29th** **Girls Soccer** - Coach Jon Zielinski  
10:00 – 1:00 SHES Soccer Field

**August 29th** **Boys Soccer**- Coach Jason Chaviaras  
10:00 – 1:00 Soccer Field

**August 29th** **Cross Country** – Coaches Ben Bowne, Kevin Grant  
9:00 - 11:00 PHS Track

**August 29th** **Volleyball** - Coach Bob Arremony  
8:30 – 11:00 Returning Players  
11:15 – 1:30 New Players  
PHS Gym

(Revised for 2009-2010 school year)